

STAY HEALTHY!

WE FRIENDLY ASK YOU TO...



1. ENTER MAX. 5 MIN. BEFORE YOUR WORKOUT.



2. WASH YOUR HANDS BEFORE AND AFTER THE WORKOUT .



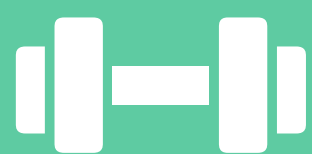
3. APPEARANCE IN YOUR SPORTSWEAR.



4. BRING YOUR OWN WATER BOTTLE & TOWEL.



5. KEEP 1.5 METER DISTANCE FROM EACHOTHER



6. CHOOSE YOUR WORKOUT TOOLS BEFORE YOU START THE WORKOUT.



7. NO SWITCHING OF WORKOUT TOOLS ALLOWED



8. CLEAN YOUR WORKOUT TOOLS BEFORE AND AFTER YOUR WORKOUT



9. ITS NOT ALLOWED TO USE THE TOILET AND/OR SHOWERS



10. WE FRIENDLY ASK YOU TO LEAVE 5 MIN. AFTER YOUR WORKOUT

THANK YOU!